



## Results of all Finals

Ordered by Item types

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=107

Place	Athlete,Number,Birthdate	Team	Perf	Score	Points	Medal	Wind	Records
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**Item 12 16:10 FinalResults Women U23 100m 1.8**

1	SBAITY (LBN)(1), AZIZA, , 1991/11/17	UIND	11.73	0	8	G		
2	SBAITY (LBN), AZIZA, 495, 1991/11/17	UIND	12.02	0	7	S		
3	ARENDSE(1), SHANON, , 1993/07/06	UIND	12.29	0	6	B		
4	VAN ZYL(1), ANRI, , 2005/03/07	UIND	12.47	0	5			
5	ARENDSE, SHANNON, 489, 1993/07/06	UIND	12.52	0	4			
6	MULLER(GER)(1), VERENA, , 2003/09/19	UIND	12.57	0	3			
7	VAN ZYL, ANRI, 496, 2005/03/07	UIND	12.94	0	2			
8	MULLER (GER), VERENA, 494, 2003/09/19	UIND	13.23	0	1			

**Item 25 16:25 Final Women Senior 100m -0.7**

1	MBISHA, JOVIALE, 238, 2000/10/31	UJA	11.70	0	8	G		
2	MARAIS, GABRIELLA, 423, 2003/11/18	UFS	11.81	0	7	S		
3	LA GRANGE, KAYLA, 233, 2004/07/27	UJA	11.97 (.968)	0	6	B		
4	MAHLALALELA, BONGIWE SAKHILE, 197, 1999/09/11	TUTA	11.97 (.969)	0	5			
5	VOSLOO, LEONETTE, 382, 2001/03/19	TUKSA	12.02	0	4			
6	VAN DER BERGH, KAYLA, 378, 2002/01/11	TUKSA	12.10	0	3			
7	VAN DER MERWE, NICOLA, 91, 2001/01/29	NWUA	12.31	0	2			

**Item 24 16:20 Final Men Senior 100m -5.2**

1	POTGIETER, ECKHART, 401, 2002/06/13	TUKSA	10.62	0	8	G		
2	PEDDY, GIANNO, 482, 1999/06/05	UWC	10.69	0	7	S		
3	JOSIAS, JESSE, 475, 2002/03/27	UWC	10.72	0	6	B		
4	MLENGA, RETSHIDISITWE, 260, 2000/02/27	UJA	10.73	0	5			
5	UBAYD, SAMUELS, 9, 2002/07/28	CPUT	10.74	0	4			
6	ADAMS, REHANE, 460, 1999/03/08	UWC	10.77	0	3			
7	CROSSMAN, JARRYD, 431, 2004/06/05	UFS	10.92	0	2			
8	BRAND, LUKE, 384, 2003/03/18	TUKSA	11.03	0	1			

**Item 2 09:10 Final Men Senior 100m Decathlon 0.1**

1	KUMM, JASON, 397, 2002/11/01	TUKSA	11.54	744				
2	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA	11.66	719				
3	MANAMELA, KATLEGO, 293, 2005/10/16	UCT	11.70	711				
4	KLEYNHANS, SETH, 292, 2005/06/03	UCT	11.86	679				
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT	12.01	649				

**Item 38 09:57 Final Women U23 200m -7.5**

1	SBAITY (LBN), AZIZA, 495, 1991/11/17	UIND	26.39	0	8	G		
2	ARENDSE, SHANNON, 489, 1993/07/06	UIND	27.42	0	7	S		
3	HAUKE (GER), JENNIFER, 491, 1993/02/06	UIND	28.76	0	6	B		

**Item 79 14:35 Final Women Senior 200m -4.5**

1	MAHLALALELA, BONGIWE SAKHILE, 197, 1999/09/11	TUTA	24.26	0	8	G		
2	MBISHA, JOVIALE, 238, 2000/10/31	UJA	24.31	0	7	S		
3	GELDENHUYS, ZENEY, 195, 2000/05/22	TUTA	24.62	0	6	B		
4	LA GRANGE, KAYLA, 233, 2004/07/27	UJA	24.86	0	5			
5	MOLEPO, PRECIOUS, 239, 2005/02/15	UJA	24.88	0	4			
6	VOSLOO, LEONETTE, 382, 2001/03/19	TUKSA	25.12	0	3			
7	OOSTHUIZEN, SYDNEY, 83, 2004/12/31	NWUA	25.31	0	2			

**Item 21 15:40 Final Women Senior 200m Heptathlon -5.2**



**Meeting :USSA TRACK & FIELD CHAMPIONSHIPS (F)**  
**2024/04/04 to 2024/04/06 at UNIVERSITY OF STELLENBOSCH**



1	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 26.23	<b>777</b>
2	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 26.39	<b>763</b>
3	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 26.74	<b>734</b>
4	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 28.17	<b>617</b>
5	MTWAZI, USANDA, 290, 2001/08/21	UCT 29.26	<b>535</b>
6	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 31.34	<b>393</b>

**Item 77 14:25 Final Men Senior 200m -4.8**

1	SWART, ADRIAN, 110, 2002/05/28	NWUA 20.84	<b>0</b>	8	G
2	POTGIETER, ECKHART, 401, 2002/06/13	TUKSA 20.85	<b>0</b>	7	S
3	SHEZI, TUMISANG, 226, 2000/05/13	TUTA 20.97	<b>0</b>	6	B
4	MATSOSO, TSEBO, 259, 1999/05/27	UJA 21.36	<b>0</b>	5	
5	UBAYD, SAMUELS, 9, 2002/07/28	CPUT 21.54	<b>0</b>	4	
6	NEFTD, ROMANO, 480, 2004/06/04	UWC 21.60	<b>0</b>	3	
7	UZOHO, SIYABONGA, 287, 2003/05/07	UJB 21.65	<b>0</b>	2	
8	EMMANUEL, JAMES, 273, 2000/12/29	UJB 22.09	<b>0</b>	1	

**Item 57 15:50 Final Women Senior 400m**

1	GELDENHUYS, ZENEY, 195, 2000/05/22	TUTA 0:53.67	<b>0</b>	8	G
2	VILJOEN, MARLIE, 381, 2000/08/01	TUKSA 0:54.28	<b>0</b>	7	S
3	STRIJDOM, ANGELIQUE, 202, 2002/02/01	TUTA 0:54.82	<b>0</b>	6	B
4	GIBBON, NICOLA, 420, 2000/10/09	UFS 0:55.21	<b>0</b>	5	
5	NAUDE, AMY, 47, 2002/01/07	IIE 0:55.44	<b>0</b>	4	
6	UYS, LENTE, 90, 1997/07/16	NWUA 0:55.88	<b>0</b>	3	
7	MOLEPO, PRECIOUS, 239, 2005/02/15	UJA 0:56.00	<b>0</b>	2	
8	VAN NIEKERK, HANNAH, 380, 2005/01/28	TUKSA 0:56.37	<b>0</b>	1	

**Item 56 15:40 Final Men Senior 400m**

1	SHEZI, TUMISANG, 226, 2000/05/13	TUTA 0:47.17	<b>0</b>	8	G
2	MTHIKULU, MTHI, 442, 2003/04/30	UFS 0:47.44	<b>0</b>	7	S
3	NZWANZWA, ANELE, 222, 1996/03/24	TUTA 0:47.95	<b>0</b>	6	B
4	MASEKO, NHLANHLA, 257, 2000/11/16	UJA 0:47.97	<b>0</b>	5	
5	JONKER, MARNUS, 97, 1999/04/19	NWUA 0:48.01	<b>0</b>	4	
6	VAN DER WALT, TJAART, 74, 2004/04/05	NMU 0:48.43	<b>0</b>	3	
7	BUGAN, NATHAN, 464, 2002/08/18	UWC 0:49.61	<b>0</b>	2	
8	TITUS, ELRICH, 177, 2001/06/27	STA 0:51.40	<b>0</b>	1	

**Item 23 16:05 Final Men Senior 400m Decathlon**

1	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 0:52.59	<b>699</b>
2	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 0:52.93	<b>685</b>
3	KUMM, JASON, 397, 2002/11/01	TUKSA 0:54.29	<b>628</b>
4	PETER, CHULUMANCO, 297, 2001/01/09	UCT 0:56.08	<b>556</b>
5	KLEYNHANS, SETH, 292, 2005/06/03	UCT 0:59.46	<b>432</b>

**Item 70 13:45 Final Women Senior 800m**

1	SWART, CHARNE, 376, 2002/01/02	TUKSA 2:05.82	<b>0</b>	8	G
2	OOSTHUIZEN, MICHAELA, 374, 1999/12/12	TUKSA 2:09.85	<b>0</b>	7	S
3	SENOSI, KELETSO, 204, 2001/10/01	TUTA 2:12.20	<b>0</b>	6	B
4	VILJOEN, MIENKE, 157, 2003/04/08	STA 2:12.51	<b>0</b>	5	
5	WEITSZ, SIMONAY, 211, 1999/04/26	TUTA 2:15.97	<b>0</b>	4	
6	AUCAMP, JOHNE, 405, 2002/10/25	TUKSB 2:17.28	<b>0</b>	3	
7	ERASMUS, CARRISSA, 415, 2004/08/27	UFS 2:17.58	<b>0</b>	2	
8	NGONGO, AKONYI, 241, 2004/09/04	UJA 2:17.93	<b>0</b>	1	
9	UYS, LENTE, 90, 1997/07/16	NWUA 2:18.75	<b>0</b>	0	
10	KRUGER, MARICELLE, 407, 2004/02/06	TUKSB 2:22.94	<b>0</b>	0	

**Item 52 15:00 Final Women Senior 800m Heptathlon**

1	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 2:36.66	<b>612</b>
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2	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 2:36.84	<b>610</b>
3	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 2:37.51	<b>602</b>
4	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 2:41.09	<b>560</b>
5	MTWAZI, USANDA, 290, 2001/08/21	UCT 2:48.82	<b>476</b>
6	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 3:25.02	<b>168</b>

**Item 71 13:55 Final Men Senior 800m**

1	DU PLESSIS, EDMUND, 390, 2002/04/05	TUKSA 1:47.76	<b>0</b>	8	G
2	VAN ROOYEN, DILLAN, 112, 1998/06/23	NWUA 1:48.67 (.661)	<b>0</b>	7	S
3	SEELIGER, JAMES, 403, 1999/12/15	TUKSA 1:48.67 (.663)	<b>0</b>	6	B
4	MOTLHAMME, BOIKANYO, 261, 1995/08/11	UJA 1:48.71	<b>0</b>	5	
5	BELL, JANSEN, 119, 2002/08/21	NWUB 1:49.80	<b>0</b>	4	
6	MOTLOUNG, DUMISANI, 441, 2005/03/07	UFS 1:49.82	<b>0</b>	3	
7	MOHLOMI, MOLIFI, 439, 2004/01/19	UFS 1:50.49	<b>0</b>	2	
8	CHOPA, ABEDNICO, 387, 2002/07/02	TUKSA 1:50.88	<b>0</b>	1	
9	LOUBSER, MIGAEL, 410, 2002/04/12	TUKSB 1:51.33	<b>0</b>	0	
10	SWART, CHRISTOPHER, 111, 2000/04/19	NWUA 1:51.49	<b>0</b>	0	

**Item 37 09:50 Final Women Senior 1500m**

1	SWART, CHARNE, 376, 2002/01/02	TUKSA 04:25.37	<b>0</b>	8	G
2	PRINSLOO, CARMIE, 375, 2002/01/31	TUKSA 04:29.79	<b>0</b>	7	S
3	WEITZ, SIMONAY, 211, 1999/04/26	TUTA 04:31.21	<b>0</b>	6	B
4	VERSTER, DANIELLE, 94, 2003/08/21	NWUA 04:33.85	<b>0</b>	5	
5	MAKGATHA, NALEDI, 80, 2005/08/14	NWUA 04:39.24	<b>0</b>	4	
6	AUCAMP, JOHNE, 405, 2002/10/25	TUKSB 04:44.55	<b>0</b>	3	
7	NEL, RIANA, 150, 2004/07/21	STA 04:46.69	<b>0</b>	2	
8	OELOFSE, VICKY, 425, 2000/10/09	UFS 04:47.58	<b>0</b>	1	
9	BOTHA, CYLA, 406, 2003/04/24	TUKSB 04:51.08	<b>0</b>	0	
10	MABHENA, FAITH, 234, 2004/08/15	UJA 04:51.74	<b>0</b>	0	
11	MOTSOENENG, KARABO, 200, 2003/12/10	TUTA 04:51.89	<b>0</b>	0	
12	VILJOEN, MIENKE, 157, 2003/04/08	STA 04:53.20	<b>0</b>	0	
13	SENOSI, KELETSO, 204, 2001/10/01	TUTA 04:56.84	<b>0</b>	0	
14	WITJTENBURG, SANDRA, 249, 2002/01/04	UJA 04:59.91	<b>0</b>	0	
15	SERFONTEIN, ANKE, 155, 2004/10/03	STA 05:19.38	<b>0</b>	0	

**Item 36 09:40 Final Men Senior 1500m**

1	MUNNIK, LUAN, 121, 2000/04/22	NWUB 03:49.45	<b>0</b>	8	G
2	DOMINGO, KEANU, 95, 2002/04/17	NWUA 03:50.49	<b>0</b>	7	S
3	SIBIYA, NKOSINATHI, 269, 1994/01/01	UJA 03:50.56	<b>0</b>	6	B
4	SWART, CHRISTOPHER, 111, 2000/04/19	NWUA 03:51.79	<b>0</b>	5	
5	MOTLOUNG, DUMISANI, 441, 2005/03/07	UFS 03:56.76	<b>0</b>	4	
6	MOTLHAMME, BOIKANYO, 261, 1995/08/11	UJA 03:56.84	<b>0</b>	3	
7	CHOPA, ABEDNICO, 387, 2002/07/02	TUKSA 03:56.87	<b>0</b>	2	
8	LOUBSER, MIGAEL, 410, 2002/04/12	TUKSB 03:58.13	<b>0</b>	1	
9	MSOMI, SANELE, 264, 1998/12/17	UJB 03:59.59	<b>0</b>	0	
10	KHOZA, SIPHESIHLE, 395, 2003/04/25	TUKSA 04:00.52	<b>0</b>	0	
11	MODISELLE, TSHEGOFATSO KAGISO, 50, 2003/08/16	IIE 04:02.42	<b>0</b>	0	
12	NDIMANDE, NTUTHUKO, 281, 2001/05/16	UJB 04:05.39	<b>0</b>	0	
13	JANSEN VAN RENSBURG, XANDER, 500, 2005/11/13	UIND 04:07.98	<b>0</b>	0	
14	WESSELS, BRENDEN, 182, 2005/10/05	STA 04:11.55	<b>0</b>	0	
15	MOHLOMI, MOLIFI, 439, 2004/01/19	UFS 04:13.33	<b>0</b>	0	

**Item 55 15:30 Final Men Senior 1500m Decathlon**

1	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 05:09.08	<b>509</b>
2	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 05:28.36	<b>407</b>
3	KUMM, JASON, 397, 2002/11/01	TUKSA 05:54.73	<b>286</b>



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4	KLEYNHANS, SETH, 292, 2005/06/03	UCT 06:05.65	<b>242</b>
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 06:18.05	<b>195</b>

**Item 81 15:05 Final Women Senior 5000m**

1	PRINSLOO, CARMIE, 375, 2002/01/31	TUKSA 16:57.72	<b>0</b>	8	G
2	MAILULA, KARABO, 371, 2002/03/07	TUKSA 17:08.57	<b>0</b>	7	S
3	VERSTER, DANIELLE, 94, 2003/08/21	NWUA 17:35.66	<b>0</b>	6	B
4	MOTSOENENG, KARABO, 200, 2003/12/10	TUTA 17:56.10	<b>0</b>	5	
5	MAKGATHA, NALEDI, 80, 2005/08/14	NWUA 18:04.70	<b>0</b>	4	
6	DUMISA, SISANDA, 231, 2000/08/23	UJA 18:10.96	<b>0</b>	3	
7	MATSHABA, PHEMELO, 372, 2005/04/12	TUKSA 19:15.94	<b>0</b>	2	
8	BIKWAYO, HLUMISA, 452, 1998/05/12	UWC 19:30.90	<b>0</b>	1	
9	MOSTERT, CAMERON, 149, 2003/06/10	STA 19:55.28	<b>0</b>	0	
10	NDUDULA, LILITHA, 457, 2006/04/19	UWC 20:01.93	<b>0</b>	0	
11	MASHISHI, KHUNEDI, 236, 2005/01/03	UJA 20:11.43	<b>0</b>	0	
12	DETSHE, AMANDA, 56, 2004/06/15	NMU 20:20.93	<b>0</b>	0	
13	TUBE, MBALI, 309, 2001/07/24	UFH 21:18.67	<b>0</b>	0	
14	VAN DER BERG, ABIGAIL, 59, 2005/05/19	UIND 22:50.21	<b>0</b>	0	
15	DINEO, MTSWENI, 341, 2003/10/16	UMP 23:06.26	<b>0</b>	0	
16	MOKALODISA, KARABO, 13, 2003/12/09	CUT 26:05.68	<b>0</b>	0	
17	MNISI, NOMSA, 12, 2001/12/20	CUT	<b>0</b>	0	

**Item 80 14:45 Final Men Senior 5000m**

1	SIBIYA, NKOSINATHI, 269, 1994/01/01	UJA 14:14.08	<b>0</b>	8	G
2	MUNNIK, LUAN, 121, 2000/04/22	NWUB 14:15.47	<b>0</b>	7	S
3	DOMINGO, KEANU, 95, 2002/04/17	NWUA 14:42.30	<b>0</b>	6	B
4	MNYAKENI, INNOCENT, 438, 1998/09/20	UFS 14:47.09	<b>0</b>	5	
5	MSIBI, SIBUSISO, 263, 2004/05/16	UJA 15:05.71	<b>0</b>	4	
6	MOLELE, JANKIE, 336, 2001/06/22	UL 15:10.17	<b>0</b>	3	
7	SELOKELA, OLEBOGILE, 535, 1999/02/07	TUTA 15:20.77	<b>0</b>	2	
8	TITUS, CHARLTON, 486, 2005/05/29	UWC 15:21.80	<b>0</b>	1	
9	NGXABAZI, ITUMELENG, 44, 2002/01/04	DUT 15:25.97	<b>0</b>	0	
10	BOKABA, ENOCH, 251, 2003/06/26	UJA 15:38.81	<b>0</b>	0	
11	DREYER, NAYLEN, 470, 2003/07/30	UWC 15:39.77	<b>0</b>	0	
12	WESSELS, BRENDEN, 182, 2005/10/05	STA 15:40.32	<b>0</b>	0	
13	ANEMA, NICOLAS, 183, 2003/01/14	STB 15:42.70	<b>0</b>	0	
14	RAMATSEBE, KAMOHELO, 224, 2005/07/18	TUTA 15:47.65	<b>0</b>	0	
15	STANSFIELD, KEATON, 411, 2003/09/25	TUKSB 16:16.54	<b>0</b>	0	
16	TLALI, EDWARD, 446, 2001/01/07	UFS 16:16.87	<b>0</b>	0	
17	MAZIBUKO, SIPHO, 519, 2003/06/18	VUT 17:01.76	<b>0</b>	0	
18	JOOSTE, WAYLON, 474, 2005/09/26	UWC 17:09.09	<b>0</b>	0	
19	MBALI, ERIC, 478, 2004/08/26	UWC 17:34.46	<b>0</b>	0	
20	SHORT, SIMON, 299, 1999/06/18	UCT 17:36.03	<b>0</b>	0	
21	KABELO, SEFALI, 353, 2002/05/10	UMP 17:43.68	<b>0</b>	0	

**Item 30 17:45 Final Women Senior 10km**

1	KHATALA, NEHENG, 78, 1992/07/02	NWUA 33:43.56	<b>0</b>	8	G	USSA24
2	MAILULA, KARABO, 371, 2002/03/07	TUKSA 33:58.85	<b>0</b>	7	S	USSA24
3	DUMISA, SISANDA, 231, 2000/08/23	UJA 36:03.91	<b>0</b>	6	B	
4	BOSMAN, CASEY, 414, 2001/01/10	UFS 38:26.17	<b>0</b>	5		
5	MAMPANE, NOLUTHANDO, 270, 2003/04/30	UJA 38:55.89	<b>0</b>	4		
6	MABUZA, SIMPHIWE, 456, 2000/03/08	UWC 40:59.63	<b>0</b>	3		
7	BIKWAYO, HLUMISA, 452, 1998/05/12	UWC 42:04.40	<b>0</b>	2		
8	TUBE, MBALI, 309, 2001/07/24	UFH 42:38.88	<b>0</b>	1		
9	SIKISI, LETHABO NATASHA, 206, 2002/09/19	TUTA 44:43.02	<b>0</b>	0		

**Item 29 16:50 Final Men Senior 10km**



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1	NTOE, PHEMELO, 265, 2001/10/23	UJA	29:50.01	0	8	G
2	MASIHLEHO, THABANG, 26, 1990/05/17	CUT	30:13.58	0	7	S
3	KGADIMA, COLLINS, 394, 1998/01/18	TUKSA	30:16.24	0	6	B
4	MOTAUNG, MPHO, 218, 1994/06/06	TUTA	30:19.45	0	5	
5	MASHABA, MZWAKHE, 258, 2002/12/20	UJA	31:54.56	0	4	
6	DREYER, NAYLEN, 470, 2003/07/30	UWC	31:54.92	0	3	
7	STANSFIELD, KEATON, 411, 2003/09/25	TUKSB	32:45.89	0	2	
8	OWEN, RYNO, 170, 2001/06/23	STA	33:45.09	0	1	
9	MANKA, PHILISWA, 531, / /	TUTA	34:51.96	0	0	
10	VON BULOW, MATTHEW, 181, 2000/10/09	STA	35:56.95	0	0	
11	KABELO, SEFALI, 353, 2002/05/10	UMP	36:02.93	0	0	
12	BALOYI, MOSA, 541, / /	TUTB	37:46.35	0	0	
13	DU PLESSIS, ALBERT, 185, 2002/09/25	STB	37:48.21	0	0	

**Item 63 06:30 Final Women Senior Half Marathon**

1	KHATALA, NEHENG, 78, 1992/07/02	NWUA	1:14:14.00	0	8	G	USSA24
2	MULDER, LIZANDRE, 424, 1997/05/13	UFS	1:25:47.00	0	7	S	
3	BOSMAN, CASEY, 414, 2001/01/10	UFS	1:26:43.00	0	6	B	
4	SETHOWA, JOHANNA, 246, 1998/07/07	UJA	1:28:45.00	0	5		
5	MAVIMBELA, LONDEKA, 237, 2005/09/18	UJA	1:28:49.00	0	4		
6	OEOFSE, VICKY, 425, 2000/10/09	UFS	1:30:46.00	0	3		
7	MAMPANE, NOLUTHANDO, 270, 2003/04/30	UJA	1:32:30.00	0	2		
8	SCHOONBEE, SIMONE, 58, 2001/02/15	NMU	1:41:21.00	0	1		
9	KOMANE, NTHABISENG, 528, 2005/03/17	TUTA	1:52:49.00	0	0		
10	SIKISI, LETHABO NATASHA, 206, 2002/09/19	TUTA	1:56:47.00	0	0		

**Item 64 06:30 Final Men Senior Half Marathon**

1	KGADIMA, COLLINS, 394, 1998/01/18	TUKSA	1:06:43.00	0	8	G
2	MASIHLEHO, THABANG, 26, 1990/05/17	CUT	1:07:12.00	0	7	S
3	MOTAUNG, MPHO, 218, 1994/06/06	TUTA	1:08:28.00	0	6	B
4	SELOKELA, OLEBOGILE, 535, 1999/02/07	TUTA	1:08:59.00	0	5	
5	MADIOPE, KATLEGO, 277, 2000/04/13	UJB	1:09:21.00	0	4	
6	BANDA, BONGANI, 60, 1999/11/19	NMU	1:10:13.00	0	3	
7	MADUME, PRINCE, 256, 2003/07/24	UJA	1:10:23.00	0	2	
8	LEE, NIZAAM, 476, 2003/04/08	UWC	1:10:29.00	0	1	
9	HLAKO, DERICK MATOME, 514, 2000/01/31	VUT	1:11:57.00	0	0	
10	NKOSINDINA, NTSOKOLO, 534, 2003/06/17	TUTA	1:12:38.00	0	0	
11	NEELS, JASON, 479, 1998/01/08	UWC	1:13:22.00	0	0	
12	MASHABA, MZWAKHE, 258, 2002/12/20	UJA	1:13:46.00	0	0	
13	MASHABA, SICELLO, 64, 2000/07/14	NMU	1:13:54.00	0	0	
14	BOOYSEN, CURTIS, 463, 2001/04/06	UWC	1:16:32.00	0	0	
15	MNASE, SIYABULELA, 527, 2000/10/28	UFH	1:16:50.00	0	0	
16	NDIMA, UBABALWE, 30, 2004/09/22	CUT	1:16:51.00	0	0	
17	MANKA, PHILISWA, 531, / /	TUTA	1:16:52.00	0	0	
18	ORROCK, ROBERT, 169, 2004/02/05	STA	1:17:06.00	0	0	
19	MAHLALA, THABANG, 318, 2003/01/31	UFH	1:17:17.00	0	0	
20	LEBELO, KEATLEGILE, 536, 2004/04/15	TUTA	1:17:53.00	0	0	
21	OWEN, RYNO, 170, 2001/06/23	STA	1:18:38.00	0	0	
22	TLOU, PHATUTSHEDZO, 72, 2001/05/04	NMU	1:19:43.00	0	0	
23	QUTU, AVELA, 34, 2004/01/12	CUT	1:20:13.00	0	0	
24	VON BULOW, MATTHEW, 181, 2000/10/09	STA	1:20:36.00	0	0	
25	SHEZI, HLONIPHANI, 227, 2003/12/18	TUTA	1:20:37.00	0	0	
26	WILLIAMS, NATHAN, 487, 2001/01/11	UWC	1:24:34.00	0	0	
27	NUBA, KAMVA, 32, 2003/02/03	CUT	1:25:09.00	0	0	
28	QABAVANE, LIYEMA, 324, 2004/07/01	UFH	1:26:30.00	0	0	
29	DU PLESSIS, ALBERT, 185, 2002/09/25	STB	1:26:37.00	0	0	





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30	DLUME, LUSANDA, 312, 2096/07/25	UFH 1:27:51.00	0	0
31	KHOANYANE, HLONI, 21, 1998/07/12	CUT 1:30:25.00	0	0
32	NGCOBO, MMISENI, 31, 2004/05/15	CUT 1:32:01.00	0	0
33	YAWA, BONGANI, 36, 1999/02/08	CUT 1:32:13.00	0	0
34	LITABE, MPHO, 24, 1996/05/20	CUT 1:33:14.00	0	0
35	VENTER, NATHAN, 179, 2005/05/09	STA 1:35:15.00	0	0
36	BALOYI, MOSA, 541, / /	TUTB 2:22:20.00	0	0

**Item 4 09:35 Final Women Senior 3000m SteepleChase**

1	MASHISHI, KHUNEDI, 236, 2005/01/03	UJA 10:58.53	0	8	G
2	MULDER, LIZANDRE, 424, 1997/05/13	UFS 11:09.67	0	7	S
3	BELL, KIRSTI, 413, 2002/05/08	UFS 11:13.27	0	6	B
4	MATSHABA, PHEMELO, 372, 2005/04/12	TUKSA 11:17.02	0	5	
5	KRUGER, MARICELLE, 407, 2004/02/06	TUKSB 11:23.96	0	4	
6	ERASMUS, CARRISSA, 415, 2004/08/27	UFS 11:25.10	0	3	
7	MAVIMBELA, LONDEKA, 237, 2005/09/18	UJA 11:27.19	0	2	
8	SETHOWA, JOHANNA, 246, 1998/07/07	UJA 11:42.53	0	1	
9	DETSHE, AMANDA, 56, 2004/06/15	NMU 12:11.20	0	0	

**Item 3 09:20 Final Men Senior 3000m SteepleChase**

1	BOKABA, ENOCH, 251, 2003/06/26	UJA 09:07.92	0	8	G
2	MADIOPE, KATLEGO, 277, 2000/04/13	UJB 09:12.09	0	7	S
3	MADUME, PRINCE, 256, 2003/07/24	UJA 09:17.23	0	6	B
4	ORROCK, ROBERT, 169, 2004/02/05	STA 09:21.07	0	5	
5	TLALI, EDWARD, 446, 2001/01/07	UFS 09:22.68	0	4	
6	SELOKELA, OLEBOGILE, 535, 1999/02/07	TUTA 09:28.62	0	3	
7	LEBELO, KEATLEGILE, 536, 2004/04/15	TUTA 09:46.55	0	2	
8	RAMATSEBE, KAMOHELO, 224, 2005/07/18	TUTA 09:50.88	0	1	
9	FUTHANA, TSHEPHO, 391, 2003/01/13	TUKSA 09:52.55	0	0	
10	CENTANE, SIYAMBONGA, 465, 2004/12/07	UWC 09:53.02	0	0	
11	MAHOTE, SAKHE, 62, 2004/07/24	NMU 09:53.94	0	0	
12	WELCH, KEANU, 52, 2005/04/27	IIE 09:56.29	0	0	
13	NKOSINDINA, NTSOKOLO, 534, 2003/06/17	TUTA 09:56.71	0	0	
14	HLAKO, DERICK MATOME, 514, 2000/01/31	VUT 10:02.39	0	0	
15	SIWEYA, XIHLUKE SUCCESS, 525, 2003/01/14	VUT 10:04.46	0	0	
16	MBALI, ERIC, 478, 2004/08/26	UWC 10:09.29	0	0	
17	TLOU, PHATUTSHEDZO, 72, 2001/05/04	NMU 10:14.58	0	0	
18	NUBA, KAMVA, 32, 2003/02/03	CUT 11:20.29	0	0	

**Item 54 15:20 Final Women Senior 100m Hurdles****-5.3**

1	VAN DER BERGH, KAYLA, 378, 2002/01/11	TUKSA 14.61	0	8	G
2	KOK, CHANE, 368, 2004/08/16	TUKSA 14.84	0	7	S
3	GERTENBACH, NATASHA, 419, 2005/06/10	UFS 15.26	0	6	B
4	LOUW, ROLIEN, 369, 2005/04/14	TUKSA 15.68	0	5	
5	DE JAGER, ANGELIQUE, 364, 2005/07/04	TUKSA 16.32	0	4	
6	VAN ZYL, ANRI, 496, 2005/03/07	UIND 17.80	0	3	
7	COMPAAAN, MILA, 363, 2003/01/16	TUKSA 20.61	0	2	
8	NKOSI, MARTHA, 242, 2006/04/07	UJA 20.95	0	1	

**Item 1 09:00 Final Women Senior 100m Hurdles Heptathlon****0.0**

1	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 14.27	<b>941</b>	
2	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 15.92	<b>724</b>	
3	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 16.24	<b>685</b>	
4	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 16.62	<b>640</b>	
5	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 18.42	<b>446</b>	
6	MTWAZI, USANDA, 290, 2001/08/21	UCT 24.50	<b>39</b>	

**Item 53 15:10 Final Men Senior 110m Hurdles****-4.5**



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1	RAZAK, NAEEM, 266, 1996/09/17	UJA 14.64	0	8	G
2	VOSLOO, WICUS, 449, 2001/03/21	UFS 14.76	0	7	S
3	LE ROUX, FRANCO, 99, 2005/12/01	NWUA 14.92	0	6	B
4	LEFETE, TSHEPO, 255, 1992/02/20	UJA 14.98	0	5	
5	SHIBODZE, VUTIVI, 284, 1998/06/24	UJB 15.18	0	4	
6	TLADI, MPH0, 285, 1998/01/02	UJB 15.30	0	3	
7	ELIAS, SHERWIN, 471, 2003/02/10	UWC 16.47	0	2	

**Item 34 09:00 Final Men Senior 110m Hurdles Decathlon -1.1**

1	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 16.35	694		
2	KUMM, JASON, 397, 2002/11/01	TUKSA 18.00	524		
3	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 18.63	465		
4	PETER, CHULUMANCO, 297, 2001/01/09	UCT 19.77	368		
5	KLEYNHANS, SETH, 292, 2005/06/03	UCT 21.20	261		

**Item 75 14:15 Final Women Senior 400m Hurdles**

1	MAGERMAN, GEZELLE, 196, 1997/04/21	TUTA 0:58.86	0	8	G
2	VAN NIEKERK, HANNAH, 380, 2005/01/28	TUKSA 1:00.67	0	7	S
3	BLACK, ZANRI, 53, 2005/09/16	NMU 1:00.76	0	6	B
4	DE WET, SIMONE, 365, 2003/04/10	TUKSA 1:01.43	0	5	
5	HEERINK V-BREDA, ALEX, 145, 2003/05/26	STA 1:01.84	0	4	
6	SIBISI, THENJIWE, 15, 1999/02/27	CUT 1:08.73	0	3	

**Item 74 14:05 Final Men Senior 400m Hurdles**

1	DLHAMINI, SABELO, 252, 1995/01/17	UJA 0:50.52	0	8	G
2	VAN RENSBURG, WERNICH, 448, 2004/07/28	UFS 0:51.20	0	7	S
3	NKANYANI, NTIYISO, 68, 2005/01/04	NMU 0:51.38	0	6	B
4	SHALE, ORATILWE, 283, 2005/07/12	UJA 0:51.45	0	5	
5	RETIEF, ANDRE, 108, 2002/08/13	NWUA 0:51.54	0	4	
6	RAMATHE, KGOTSO, 282, 2003/01/18	UJB 0:53.23	0	3	
7	GARDEE, RASHEED, 253, 2004/04/20	UJA 0:53.63	0	2	

**Item 65 12:05 Final Women Senior HighJump**

1	NGOZO, MICHELLE, 48, 2000/05/15	IIE 1.75	0	8	G
2	DEHRMANN, CAITLIN, 75, 2005/08/15	NWUA 1.70	0	7	S
3	NKOSI, MARTHA, 242, 2006/04/07	UJA 1.65	0	6	B
4	CAELIN, COETZEE, 141, 2003/01/21	STA 1.60	0	5	
4	RICHARDSON, ARWEN, 154, 2004/01/23	STA 1.60	0	5	
6	DOMBENI, MAHLATSE, 230, 1999/01/21	UJA 1.60	0	3	
6	WELLS, KAYLA, 158, 2003/02/12	STA 1.60	0	3	
8	VORSTER, NADIA, 118, 2005/08/01	NWUB 1.55	0	1	
9	LESSING, SWAYDE, 409, 2003/03/03	TUKSB 1.50	0	0	

**Item 8 10:30 Final Women Senior HighJump Heptathlon**

1	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 1.65	795		
2	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 1.47	588		
3	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 1.44	555		
4	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 1.32	429		
5	MTWAZI, USANDA, 290, 2001/08/21	UCT 1.29	399		

**Item 72 14:00 Final Men Senior HighJump**

1	RAATS, BRIAN, 107, 2004/01/17	NWUA 2.25	0	8	G	=USSA24
2	LINKS, MPH0, 101, 1996/06/20	NWUA 2.20	0	7	S	
3	AABOBE, TSHWANELO, 250, 1993/02/31	UJA 2.05	0	6	B	
4	FLEISCHMAN, ELFRED, 435, 2005/09/12	UFS 2.00	0	5		
4	DE WET, DEVAN, 389, 2004/01/06	TUKSA 2.00	0	5		
6	TARENAAAL, MYLES, 485, 2003/10/31	UWC 2.00	0	3		



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7	VAN DEVENTER, JOSHUA, 123, 2005/01/21	NWUB 2.00	<b>0</b>	2	
8	PITSO, KHUMO, 122, 2005/02/03	NWUB 1.95	<b>0</b>	1	
8	JAXA, MUSA, 393, 2003/07/26	TUKSA 1.95	<b>0</b>	1	
10	SATEKGE, KARABO, 267, 2000/10/07	UJA 1.90	<b>0</b>	0	
11	BOSMAN, GARETH, 19, 2004/07/30	CUT 1.85	<b>0</b>	0	
12	LUPHUZI, SISANDA, 275, 2004/02/05	UJB 1.85	<b>0</b>	0	

**Item 19 15:00 Final Men Senior HighJump Decathlon**

1	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 1.87	<b>687</b>		
2	KLEYNHANS, SETH, 292, 2005/06/03	UCT 1.81	<b>636</b>		
3	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 1.72	<b>560</b>		
4	KUMM, JASON, 397, 2002/11/01	TUKSA 1.69	<b>536</b>		
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 1.40	<b>317</b>		

**Item 32 09:00 Final Women Senior Polevault**

1	REINSTORF, MIRE, 153, 2002/06/05	STA 3.50	<b>0</b>	8	G
2	PURCHASE, SHANNON, 84, 2005/08/24	NWUA 2.90	<b>0</b>	7	S

**Item 17 15:00 Final Men Senior Polevault**

1	PRETORIUS, AREND, 106, 2002/08/06	NWUA 4.60	<b>0</b>	8	G
2	VAN EYK, ZANDER, 178, 2004/06/24	STA 4.60	<b>0</b>	7	S
3	NEL, HANDRE, 546, 2005/03/11	UIND 4.20	<b>0</b>	6	B

**Item 44 11:30 Final Men Senior Polevault Decathlon**

1	KUMM, JASON, 397, 2002/11/01	TUKSA 3.70	<b>535</b>		
2	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 3.50	<b>482</b>		
3	KLEYNHANS, SETH, 292, 2005/06/03	UCT 2.50	<b>242</b>		
4	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 2.20	<b>179</b>		

**Item 76 14:15 Final Women Senior LongJump**

1	CORNELISSEN, ANDREA, 142, 2002/03/18	STA 6.44	<b>0</b>	8	G	<b>+2.1</b>
2	FOUCHE, KARMEN, 76, 2003/01/02	NWUA 6.33	<b>0</b>	7	S	<b>+5.1</b>
3	BASSON, MIEKE, 139, 2001/01/09	STA 6.23	<b>0</b>	6	B	<b>+7.1</b>
4	SEOE, BOPHELO, 245, 1991/04/04	UJA 5.96	<b>0</b>	5		<b>+4.1</b>
5	DOMBENI, MAHLATSE, 230, 1999/01/21	UJA 5.73	<b>0</b>	4		<b>+3.8</b>
6	LOUW, ROLIEN, 369, 2005/04/14	TUKSA 5.70	<b>0</b>	3		<b>+6.7</b>
7	GERBER, JOANE, 417, 2003/06/10	UFS 5.67	<b>0</b>	2		<b>+4.1</b>
8	MUYA, OLIVIA, 240, 2002/07/18	UJA 5.54	<b>0</b>	1		<b>+3.9</b>
9	VAN WYK, DESIRE, 248, 1998/05/28	UJA 5.49	<b>0</b>	0		<b>+1.7</b>
10	MASILO, PHELETSO, 199, 2005/02/21	TUTA 5.39	<b>0</b>	0		<b>+2.4</b>
11	MOLOTO, KWENA, 507, 2002/11/23	VUT 5.38	<b>0</b>	0		<b>+4.7</b>

**Item 40 10:00 Final Women Senior LongJump Heptathlon**

1	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 5.73	<b>768</b>			<b>+3.9</b>
2	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 5.60	<b>729</b>			<b>+2.7</b>
3	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 5.48	<b>694</b>			<b>+1.8</b>
4	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 5.10	<b>587</b>			<b>+2.4</b>
5	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 4.38	<b>398</b>			<b>+7.6</b>
6	MTWAZI, USANDA, 290, 2001/08/21	UCT 3.74	<b>250</b>			<b>+4.9</b>

**Item 58 16:00 Final Men Senior LongJump**

1	HANI, NIKITHEMBA, 49, 2000/10/12	IIE 8.20	<b>0</b>	8	G	<b>+2.1</b>
2	MTHEMBU, ASANDE, 219, 2004/06/04	TUTA 8.16	<b>0</b>	7	S	<b>+4.2</b>
3	OLIVIER, WELRE, 105, 2002/11/04	NWUA 7.88	<b>0</b>	6	B	<b>+5.1</b>
4	DLAMINI, SAMKELO, 433, 2004/03/05	UFS 7.85	<b>0</b>	5		<b>+4.0</b>
5	MUZOKOMBA, PAVASHE, 168, 2008/11/21	STA 7.76	<b>0</b>	4		<b>+5.9</b>
6	MCLOEN, DWIGHT, 102, 2005/04/05	NWUA 7.72	<b>0</b>	3		<b>+5.1</b>
7	MAKGATO, PETER, 436, 1996/05/05	UFS 7.70	<b>0</b>	2		<b>+4.7</b>





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8	WYNGAARD, ABDUD-DAIYAAN, 488, 2002/06/04	UWC 7.64	<b>0</b>	1	<b>+5.6</b>
9	DLHAMINI, SABELO, 252, 1995/01/17	UJA 7.35	<b>0</b>	0	<b>+4.9</b>
10	SASMAN, BEVAN, 484, 1999/01/09	UWC 7.30	<b>0</b>	0	<b>+6.9</b>
11	MPHEFU, JUNIOR, 262, 1998/07/18	UJB 7.00	<b>0</b>	0	<b>+1.9</b>
12	MAMABOLO, JOHN, 63, 1998/09/03	NMU 6.65	<b>0</b>	0	<b>+3.9</b>

**Item 9 10:30 Final Men Senior LongJump Decathlon**

1	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 6.61	<b>723</b>		<b>+1.1</b>
2	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 6.47	<b>691</b>		<b>+3.1</b>
3	KUMM, JASON, 397, 2002/11/01	TUKSA 6.17	<b>624</b>		<b>+1.3</b>
4	KLEYNHANS, SETH, 292, 2005/06/03	UCT 5.93	<b>571</b>		<b>+0.2</b>
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 5.06	<b>394</b>		<b>+3.3</b>

**Item 46 12:00 Final Women Senior TripleJump**

11m

1	FOUCHE, KARMEN, 76, 2003/01/02	NWUA 13.19	<b>0</b>	8	G	<b>+3.1</b>
2	RABE, MADRI, 86, 2001/01/31	NWUA 12.12	<b>0</b>	7	S	<b>+1.7</b>
3	DOMBENI, MAHLATSE, 230, 1999/01/21	UJA 11.98	<b>0</b>	6	B	<b>+2.8</b>
4	MUYA, OLIVIA, 240, 2002/07/18	UJA 11.48	<b>0</b>	5		<b>+1.5</b>
5	MASILO, PHELETSO, 199, 2005/02/21	TUTA 11.25	<b>0</b>	4		<b>-0.3</b>

**Item 66 12:10 Final Men Senior TripleJump**

13m

1	OLIVIER, ETHAN, 104, 2005/08/06	NWUA 16.93	<b>0</b>	8	G	<b>+7.4</b>
2	OLIVIER, WELRE, 105, 2002/11/04	NWUA 15.86	<b>0</b>	7	S	<b>+2.2</b>
3	AABOBE, TSHWANELO, 250, 1993/02/31	UJA 15.72	<b>0</b>	6	B	<b>+5.0</b>
4	ADEDOKUN, PEACE, 383, 2003/11/18	TUKSA 15.60	<b>0</b>	5		<b>+1.5</b>
5	KGALA, THATO, 254, 2002/01/14	UJA 15.18	<b>0</b>	4		<b>+8.7</b>
6	TAKUNDWA, BLESSING, 228, 2004/05/30	TUTA 14.93	<b>0</b>	3		<b>+2.1</b>
7	CLOETE, MATTHEW, 159, 2003/08/29	STA 14.85	<b>0</b>	2		<b>+2.7</b>
8	MPHEFU, JUNIOR, 262, 1998/07/18	UJB 14.47	<b>0</b>	1		<b>+3.2</b>
9	MERILE, SAMBESO, 66, 2002/05/22	NMU 14.30	<b>0</b>	0		<b>+3.0</b>
10	KUTUMELA, KAMOGELO, 515, 2001/06/14	VUT 14.23	<b>0</b>	0		<b>+6.8</b>
11	LUPHUZI, SISANDA, 275, 2004/02/05	UJB 14.10	<b>0</b>	0		<b>+2.3</b>
12	MTHEMBU, ASANDE, 219, 2004/06/04	TUTA 14.05	<b>0</b>	0		<b>+3.8</b>
13	AFRIKANIER, DAWID, 272,	UJB 13.98	<b>0</b>	0		<b>+4.8</b>
14	MAHLANGU, TUMAINI, 278, 2005/12/10	UJB 13.75	<b>0</b>	0		<b>+5.1</b>
15	MAMABOLO, JOHN, 63, 1998/09/03	NMU 13.50	<b>0</b>	0		<b>+2.6</b>

**Item 33 09:00 Final Women Senior Shotput**

1	UYS, COLETTE, 377, 2000/04/20	TUKSA 15.28	<b>0</b>	8	G	
2	BOTHA, ELME, 55, 2001/01/07	NMU 12.50	<b>0</b>	7	S	
3	JORDAAN, CARMEN, 147, 2003/07/21	STA 12.02	<b>0</b>	6	B	
4	GELDENHUYS, RUZELLE, 46, 2003/11/24	IIE 11.68	<b>0</b>	5		
5	RAATHS, MARGUERITE, 85, 2002/01/18	NWUA 11.29	<b>0</b>	4		
6	NGUBANE, MINENHLE, 39, 2002/09/16	DUT 10.04	<b>0</b>	3		
7	JENKINS, CRISELDA, 232, 2003/11/17	UJB 09.92	<b>0</b>	2		
8	COETZER, DANÉ, 362, 2002/08/28	TUKSA 09.48	<b>0</b>	1		
9	RENEILWE, MASIYVHULA, 41, 2005/10/22	DUT 07.98	<b>0</b>	0		
10	GANNA, TUMELO, 194, 2004/11/17	TUTA 06.19	<b>0</b>	0		
11	REBE, ZIKHONA, 307, 2003/07/28	UFH 06.06	<b>0</b>	0		

**Item 14 12:00 Final Women Senior Shotput Heptathlon**

1	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 09.37	<b>488</b>		
2	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 09.06	<b>468</b>		
3	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 08.98	<b>463</b>		
4	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 08.67	<b>443</b>		
5	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 07.01	<b>336</b>		
6	MTWAZI, USANDA, 290, 2001/08/21	UCT 06.04	<b>274</b>		

**Item 78 14:30 Final Men Senior Shotput**



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1	LIEBENBERG, DJ, 100, 2003/02/18	NWUA 16.00	0	8	G
2	WILLIAMS, RYAN, 114, 2000/03/26	NWUA 15.59	0	7	S
3	STANDER, RIGHARDT, 109, 2004/05/21	NWUA 14.39	0	6	B
4	BURGESS, JORDAN, 2, 2005/03/07	CPUT 14.39	0	5	
5	VON DER WALT, ALEXANDER, 302, 2005/07/14	UCT 13.42	0	4	
6	JACOBS, JOHAN, 392, 2002/07/13	TUKSA 11.46	0	3	
7	SMIT, CHRISTOPHER, 174, 2004/12/13	STA 08.38	0	2	

**Item 15 12:00 Final Men Senior Shotput Decathlon**

1	KLEYNHANS, SETH, 292, 2005/06/03	UCT 09.78	472		
2	KUMM, JASON, 397, 2002/11/01	TUKSA 09.53	457		
3	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 09.41	450		
4	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 08.38	389		
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 07.33	327		

**Item 73 14:00 Final Women Senior Discus**

1	STANDER, YOLANDI, 428, 1998/11/27	UFS 54.04	0	8	G
2	UYS, COLETTE, 377, 2000/04/20	TUKSA 48.36	0	7	S
3	RAATHS, MARGUERITE, 85, 2002/01/18	NWUA 46.73	0	6	B
4	JORDAAN, CARMEN, 147, 2003/07/21	STA 46.07	0	5	
5	JENKINS, CRISELDA, 232, 2003/11/17	UJB 39.72	0	4	
6	GELDENHUYS, RUZELLE, 46, 2003/11/24	IIE 37.18	0	3	
7	PIETERSE, KANYA, 151, 2005/04/13	STA 34.28	0	2	
8	BURGER, MICHELLE, 140, 16/04/2003	STA 28.60	0	1	
9	NGUBANE, MINENHLE, 39, 2002/09/16	DUT 27.14	0	0	
10	COETZER, DANÉ, 362, 2002/08/28	TUKSA 22.46	0	0	
11	KAMBI, KARABO, 289, 2003/02/05	UCT 21.25	0	0	
12	TUMELO, MAFA, 1, 2001/08/14	CPUT 21.07	0	0	

**Item 50 14:30 Final Men Senior Discus**

1	WILLIAMS, RYAN, 114, 2000/03/26	NWUA 55.35	0	8	G
2	STANDER, RIGHARDT, 109, 2004/05/21	NWUA 49.22	0	7	S
3	BURGESS, JORDAN, 2, 2005/03/07	CPUT 44.94	0	6	B
4	MADYIBI, LATHITHA, 317, 2002/03/13	UFH 26.27	0	5	
5	MISHAEL KWAKU, YEBOAH, 320, 2004/04/07	UFH 24.11	0	4	
6	WILLIS, MALEMELA, 359,	UMP 19.76	0	3	

**Item 41 10:00 Final Men Senior Discus Decathlon**

1	KUMM, JASON, 397, 2002/11/01	TUKSA 31.97	503		
2	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 26.97	405		
3	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 17.87	232		
4	PETER, CHULUMANCO, 297, 2001/01/09	UCT 17.37	223		
5	KLEYNHANS, SETH, 292, 2005/06/03	UCT 16.42	206		

**Item 59 16:00 Final Women Senior Hammer**

1	UYS, COLETTE, 377, 2000/04/20	TUKSA 58.23	0	8	G
2	BOTHA, ELME, 55, 2001/01/07	NMU 53.69	0	7	S
3	COETZER, DANÉ, 362, 2002/08/28	TUKSA 50.56	0	6	B
4	JULIES, CILETHE, 421, 2005/10/20	UFS 49.03	0	5	
5	BURGER, MICHELLE, 140, 16/04/2003	STA 47.76	0	4	
6	GERBER, LIANE, 418, 2005/09/01	UFS 42.01	0	3	
7	BOTHA, JONELL, 54, 2003/03/18	NMU 41.93	0	2	
8	VAN RENSBURG, DANELL, 17, 2003/06/09	CUT 33.21	0	1	

**Item 27 16:30 Final Men Senior Hammer**

1	SMIT, CHRISTOPHER, 174, 2004/12/13	STA 60.11	0	8	G
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2	GREYLING, CHARL, 120, 2005/04/21	NWUB 55.63	<b>0</b>	7	S
3	TIAAN, ERSKINE, 71, 2002/01/31	NMU 52.72	<b>0</b>	6	B
4	OLIVER, THOMAS, , 2004/09/21	UFS 51.85	<b>0</b>	5	
5	JACOBS, JOHAN, 392, 2002/07/13	TUKSA 43.04	<b>0</b>	4	

**Item 51 14:30 Final Women Senior Javelin**

1	VAN DYK, JO-ANÉ, 92, 1997/10/03	NWUA 62.70	<b>0</b>	8	G	USSA24
2	SAVANNAH, COMBRINK, 117, 2001/04/17	NWUB 50.29	<b>0</b>	7	S	
3	VENTER, CARLA, 156, 2004/03/18	STA 43.04	<b>0</b>	6	B	
4	MULDER, CHANDI, 373, 2002/04/19	TUKSA 40.65	<b>0</b>	5		
5	BOTHA, MICYLA, 360, 2005/10/06	TUKSA 40.60	<b>0</b>	4		
6	MENTZ, LISA, 148, 2005/06/21	STA 38.25	<b>0</b>	3		
7	GELDENHUYLS, RUZELLE, 46, 2003/11/24	IIE 35.05	<b>0</b>	2		
8	MPHAHLELE, LUMI, 331, 2002/07/07	UL 26.11	<b>0</b>	1		
9	CHANTEL, MAHLANGU, 340, 2002/11/02	UMP 15.91	<b>0</b>	0		
10	MELITA, MASHIANE, 346, 2004/02/01	UMP 15.81	<b>0</b>	0		
11	FORTUNATE, BANDA, 342, 2000/08/06	UMP 08.99	<b>0</b>	0		

**Item 48 12:00 Final Women Senior Javelin Heptathlon**

1	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 43.12	<b>727</b>
2	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 31.54	<b>506</b>
3	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 30.77	<b>491</b>
4	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 30.12	<b>479</b>
5	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 26.79	<b>416</b>
6	MTWAZI, USANDA, 290, 2001/08/21	UCT 15.49	<b>206</b>

**Item 68 12:30 Final Men Senior Javelin**

1	STANDER, RIGHARDT, 109, 2004/05/21	NWUA 74.53	<b>0</b>	8	G
2	ROBBERTSON, DUNCAN, 402, 2003/06/06	TUKSA 68.95	<b>0</b>	7	S
3	WILLEMSE, ARMAND, 113, 2004/03/18	NWUA 62.86	<b>0</b>	6	B
4	DE KLERK, FABIO, 388, 2005/07/19	TUKSA 62.25	<b>0</b>	5	
5	VILJOEN, ERIK, 180, 2004/06/09	STA 61.15	<b>0</b>	4	
6	JORDAAN, RUEBEN, 165, 2005/05/05	STA 59.60	<b>0</b>	3	
7	NONTSWABU, BUHLE, 322, 2001/04/23	UFH 44.80	<b>0</b>	2	
8	XELO, KINGSLEY, 326, 2002/04/09	UFH 36.78	<b>0</b>	1	
9	MISHAEL KWAKU, YEBOAH, 320, 2004/04/07	UFH 35.65	<b>0</b>	0	
10	MADYIBI, LATHITHA, 317, 2002/03/13	UFH 35.45	<b>0</b>	0	
11	PHINEAS, MALOPE, 357, 2003/08/16	UMP 21.03	<b>0</b>	0	

**Item 49 13:30 Final Men Senior Javelin Decathlon**

1	KUMM, JASON, 397, 2002/11/01	TUKSA 41.93	<b>470</b>
2	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 39.10	<b>429</b>
3	KLEYNHANS, SETH, 292, 2005/06/03	UCT 30.70	<b>309</b>
4	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 28.71	<b>281</b>
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 23.83	<b>213</b>

**Item 0 00:00 FinalResults Women Senior Heptathlon Results**

1	LOUW, ROLIEN(1), 370, 2005/04/14	TUKSA 04612	<b>0</b>	8	G
2	LAZARUS, GABRIELLA, 455, 2001/06/26	UWC 04364	<b>0</b>	7	S
3	BOTHA, MICKYLA(1), 361, 2005/10/06	TUKSA 04008	<b>0</b>	6	B
4	KITSHOFF, NADIA(1), 367, 1996/03/11	TUKSA 03861	<b>0</b>	5	
5	LESSING, SWAYDE (1), 408, 2003/03/03	TUKSB 02787	<b>0</b>	4	
6	MTWAZI, USANDA, 290, 2001/08/21	UCT 02179	<b>0</b>	3	

**Item 0 00:00 FinalResults Men Senior Decathlon Results**

1	BRONKHORST, RUAN, 386, 2003/10/30	TUKSA 05695	<b>0</b>	8	G
2	KUMM, JASON, 397, 2002/11/01	TUKSA 05307	<b>0</b>	7	S



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3	MANAMELA, KATLEGO, 293, 2005/10/16	UCT 04702	0	6	B
4	KLEYNHANS, SETH, 292, 2005/06/03	UCT 04050	0	5	
5	PETER, CHULUMANCO, 297, 2001/01/09	UCT 03242	0	4	

**Item 62 16:40 FinalResults Women Senior 4x100m Relay**

1	RELAY TEAM, A, ,	UJA 0:46.42	0	8	G
	1= SEOE, BOPHELO / 2= LA GRANGE, KAYLA / 3= PADI, RORISANG / 4= MBISHA, JOVIALE				
2	RELAY TEAM, , ,	TUTA 0:46.74	0	7	S
	1= MAHLALALELA, BONGIWE SAKHILE / 2= SHABANGU, BANELE / 3= MAGERMAN, GEZELLE / 4= GELDENHUYS, ZENEY				
3	RELAY TEAM, A, ,	TUKSA 0:46.85	0	6	B
	1= KOK, CHANE / 2= VAN DER BERGH, KAYLA / 3= COMPAAAN, MILA / 4= VOSLOO, LEONETTE				
4	RELAY TEAM, , ,	NWUA 0:47.43	0	5	
	1= OOSTHUIZEN, SYDNEY / 1= KHUBEKA, PHINDILE / 2= JANSE VAN RENSBURG, SHERE / 3= ROTHMAN, AMIEL / 4= VAN DER MERWE, NICOLA				
5	RELAY TEAM, , ,	UFS 0:47.74	0	4	
	1= FOURIE, ANNAME / 1= GERTENBACH, NATASHA / 2= MARAIS, GABRIELLA / 3= GERBER, JOANE / 4= SEBOGODI, BASETSANA				
6	RELAY TEAM, B, ,	TUKSA 0:49.14	0	3	
	1= KITSHOFF, NADIA(1) / 2= BOTHA, MICYLA / 3= OOSTHUIZEN, MICHAELA / 4= LOUW, ROLIEN(1)				
7	RELAY TEAM, , ,	UWC 0:49.19	0	2	
	1= KEYS, ALECIA / 2= DE JAGER, RENCIA / 3= BAYMAN, LAURE / 4= STEPHENS, HANNAH				
8	RELAY TEAM, B, ,	UJA 0:49.52	0	1	
	1= VAN WYK, DESIRE / 2= NKWINIKA, NEO / 3= NKOSI, MARTHA / 4= STOLZ, JENNA				
9	RELAY TEAM, C, ,	TUKSA 0:52.26	0	0	
	1= DE JAGER, ANGELIQUE / 2= VAN HEERDEN, LENE / 3= DE WET, SIMONE / 4= VILJOEN, MARLIE				
10	RELAY TEAM, A, ,	VUT 0:54.12	0	0	
	1= MAMELASIGIDI, KAMOGELO / 2= MOLOTO, KWENA / 3= MOLWELI, MANTSHA / 4= AMADI-AHANEKU, VANESSA CHIOMA				
11	RELAY TEAM, B, ,	VUT 0:57.19	0	0	
	1= CHAMBISSO, LOLA / 2= SELESHO, KATLEHO / 3= MOTAUNG, KUYANDA / 4= MAMABOLO, LETHABO				

**Item 61 16:20 FinalResults Men Senior 4x100m Relay**

1	RELAY TEAM, , ,	UFS 0:41.32	0	8	G
	1= VAN RENSBURG, WERNICH / 1= SNYDERS, JUAN JACQUES / 2= VOSLOO, WICUS / 3= DLUDLU, SINETHEMBA / 4= CROSSMAN, JARRYD				
2	RELAY TEAM, A, ,	TUKSA 0:41.49	0	7	S
	1= OOSTHUIZEN, RUAN / 2= BRAND, LUKE / 3= MATLALA, THATO / 4= POTGIETER, ECKHART				
3	RELAY TEAM, , ,	NWUA 0:41.66	0	6	B
	1= OLIVIER, WELRE / 1= LE ROUX, FRANCO / 2= RETIEF, ANDRE / 2= MOLEYANE, LETHLOGONOLO (LUCKY) / 3= LABUSCHANGNE, JANES / 4= SWART, ADRIAN				
4	RELAY TEAM, A, ,	UWC 0:41.98	0	5	
	1= PAGE, EUGENE / 2= ADAMS, REHANE / 3= ACCOM, TRISTON / 4= JOSIAS, JESSE				
5	RELAY TEAM, , ,	STA 0:42.24	0	4	
	1= HOFFMAN, SVEN / 2= FARAO, TRISTAN / 3= KOTSEDI, KHUMO MOTHEO / 4= MUZOKOMBA, PAVASHE				
6	RELAY TEAM, , ,	UJA 0:42.31	0	3	
	1= LEFETE, TShePO / 1= SENONA, MALESELA / 2= DLHAMINI, SABELO / 3= AABOBE, TSHWANELO / 4= MATSOSO, TSEBO				
7	RELAY TEAM, B, ,	UWC 0:42.56	0	2	
	1= DAVIDS, DIEGO / 2= NEFTD, ROMANO / 3= BUGAN, NATHAN / 4= DE VOS, MC DONALD				
8	RELAY TEAM, A, ,	UJB 0:42.79	0	1	
	1= LUPHUZI, SISANDA / 2= TLADI, MPH0 / 3= MAHLANGU, TUMAINI / 4= AFRIKANIER, DAWID				
9	RELAY TEAM, , ,	TUTA 0:42.97	0	0	
	1= SHEZI, TUMISANG / 2= NZWANZWA, ANELE / 3= RAMMUPUDU, RORISANG / 4= THANTS, KATLEGO (1)				
10	RELAY TEAM, B, ,	TUKSA 0:43.98	0	0	
	1= BRONKHORST, RUAN (1) / 2= SEELIGER, JAMES / 3= KUMM, JASON / 4= KRUGER, VAN REENEN				
11	RELAY TEAM, A, ,	NMU 0:44.22	0	0	
	1= LOXTON, WESLEY / 2= MGOQI, LEONARD / 3= VAN DER WALT, TJAART / 4= NORMAN, KYLE				
12	RELAY TEAM, , ,	UCT 0:44.62	0	0	
	1= BABE, GOBONOLO / 1= MUSIMHI, MARTIN JUNIOR / 2= MANAMELA, KATLEGO / 2= MASIA, EXCELLENT MOHALE / 3= TEBUTT, CODY / 4= REID, BRYCE				
13	RELAY TEAM, A, ,	VUT 0:44.77	0	0	
	1= MOLOTO, LESEDI / 2= LERUTLA, MATIKO / 3= KUTUMELA, KAMOGELO / 4= RAMAGAGA, KOKETSO				



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14	RELAY TEAM, B, ,	UJB 0:45.43	0	0
1= SHIBODZE, VUTIVI / 2= EMMANUEL, JAMES / 3= UZOHO, SIYABONGA / 4= TSOTETSI, KAMOHELO				
15	RELAY TEAM, B, ,	VUT 0:46.04	0	0
1= MALINGA, MPHIKITHI / 2= MALULEKA, NAGREY LASSIE / 3= MOSAMED, MPH / 4= NXUMALO, MELVIN				
16	RELAY TEAM, , ,	UFH 0:46.95	0	0
1= XELO, KINGSLEY / 2= NTLEKENI, KWAKHANYA LUCKY / 3= TSHIKILA, LIYEMA / 4= NONTSWABU, BUHLE				
17	RELAY TEAM, , ,	STB 0:47.43	0	0
1= KHAWULA, BOMI / 2= ESSIEN, JONNY / 3= CHIRWA, MUSA / 4= SIBANDA, DILLON				

**Item 82 15:35 FinalResults Women Senior 4x400m Relay**

1	RELAY TEAM, , ,	TUTA 03:46.31	0	8	G
1= MAGERMAN, GEZELLE / 2= STRIJDOM, ANGELIQUE / 3= WEITSZ, SIMONAY / 4= GELDENHUYS, ZENEY					
2	RELAY TEAM, A, ,	TUKSA 03:46.79	0	7	S
1= OOSTHUIZEN, MICHAELA / 2= VAN HEERDEN, LENE / 3= DE WET, SIMONE / 4= VILJOEN, MARLIE					
3	RELAY TEAM, A, ,	UJA 03:47.87	0	6	B
1= MOLEPO, PRECIOUS / 2= LA GRANGE, KAYLA / 3= MBISHA, JOVIALE / 4= NGONGO, AKONYI					
4	RELAY TEAM, B, ,	TUKSA 03:55.45	0	5	
1= LOUW, ROLIEN / 2= MAILULA, KARABO / 3= VAN NIEKERK, HANNAH / 4= SWART, CHARNE					
5	RELAY TEAM, , ,	UFS 03:56.34	0	4	
1= ACKERMAN, LISE / 1= ERASMUS, CARRISSA / 2= FOURIE, ANNAME / 3= SANDER, CARIEN / 4= GIBBON, NICOLA					
6	RELAY TEAM, B, ,	UJA 04:04.24	0	3	
1= SEOE, BOPHELO / 2= PADI, RORISANG / 3= VAN WYK, DESIRE / 4= STOLZ, JENNA					
7	RELAY TEAM, C, ,	TUKSA 04:05.96	0	2	
1= KITSHOFF, NADIA(1) / 2= VAN DER BERGH, KAYLA / 3= VOSLOO, LEONETTE / 4= MATSHABA, PHEMELO					
8	RELAY TEAM, D, ,	TUKSA 04:10.52	0	1	
1= DE JAGER, ANGELIQUE / 2= PRINSLOO, CARMIE / 3= KOK, CHANE / 4= BOTHA, MICKYLA(1)					
9	RELAY TEAM, , ,	NWUA 04:12.04	0	0	
1= NEWTON, MEGAN / 1= JANSE VAN RENSBURG, SHERE / 2= FOUCHE, KARMEN / 2= VAN DER MERWE, NICOLA / 3= VAN HEERDEN, JESSICA / 4= OOSTHUIZEN, SYDNEY					
10	RELAY TEAM, D, ,	UJA 04:25.58	0	0	
1= WITJTENBURG, SANDRA / 2= MASHISHI, KHUNEDI / 3= DUMISA, SISANDA / 4= MABHENA, FAITH					

**Item 83 15:50 FinalResults Men Senior 4x400m Relay**

1	RELAY TEAM, , ,	NWUA 03:14.90	0	8	G
1= SWART, ADRIAN / 1= VAN ROOYEN, DILLAN / 2= LABUSCHANGNE, JANES / 2= SWART, CHRISTOPHER / 3= RETIEF, ANDRE / 4= JONKER, MARNUS					
2	RELAY TEAM, , ,	TUTA 03:16.25	0	7	S
1= GROBLER, GERT / 1= RAMMUPUDU, RORISANG / 2= NZWANZWA, ANELE / 3= NCUBE, JAMES / 4= SHEZI, TUMISANG					
3	RELAY TEAM, A, ,	TUKSA 03:16.50	0	6	B
1= MATLALA, THATO / 2= OOSTHUIZEN, RUAN / 3= DU PLESSIS, EDMUND / 4= SEELIGER, JAMES					
4	RELAY TEAM, A, ,	UJA 03:17.30	0	5	
1= MASEKO, NHLANHLA / 2= MOTLHAMME, BOIKANYO / 3= SHALE, ORATILWE / 4= DLHAMINI, SABELO					
5	RELAY TEAM, , ,	UFS 03:19.15	0	4	
6	RELAY TEAM, , ,	STA 03:24.27	0	3	
1= TITUS, ELRICH / 2= KOTSEDI, KHUMO MOTHEO / 3= ERASMUS, RYK / 4= STADLER, JOHAN					
7	RELAY TEAM, , ,	VUT 03:25.13	0	2	
1= MALULEKA, NAGREY LASSIE / 2= MOSIKILI, MOFANA / 3= ZINYANE, YIVA / 4= MOSAMED, MPH					
8	RELAY TEAM, B, ,	UJB 03:29.29	0	1	
1= UZOHO, SIYABONGA / 2= SHIBODZE, VUTIVI / 3= TSOTETSI, KAMOHELO / 4= NDIMANDE, NTUTHUKO					
9	RELAY TEAM, , ,	STB 03:31.48	0	0	
1= VAN DER WERF, LEONARDO / 2= ROSSOUW, SHERWIN / 3= SELEPE, TSHEPO / 4= ESSIEN, JONNY					
10	RELAY TEAM, A, ,	UJB 03:33.51	0	0	
1= RAMATHE, KGOTSO / 2= EMMANUEL, JAMES / 3= TLADI, MPH / 4= AFRIKANIER, DAWID					
11	RELAY TEAM, B, ,	UJA 03:40.08	0	0	
1= SENONA, MALESELA / 2= NTOE, PHEMELO / 3= LEFETE, TSHEPO / 4= AABOBE, TSHWANELO					
12	RELAY TEAM, C, ,	UJB 03:44.92	0	0	
1= MAHLANGU, TUMAINI / 2= LUPHUZI, SISANDA / 3= MADIOPE, KATLEGO / 4= MSOMI, SANELE					



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13 RELAY TEAM, B, , TUKSA 03:45.67 0 0  
1= BRONKHORST, RUAN / 2= BRAND, LUKE / 3= ROBBERTSON, DUNCAN / 4= KRUGER, VAN REENEN

**Item 28 16:40 FinalResults TwoGdr Senior 4x400m Relay**

1 RELAY TEAM, A, , TUKSA 03:28.18 0 8 G  
1= OOSTHUIZEN, RUAN / 2= VAN NIEKERK, HANNAH / 3= SEELIGER, JAMES / 4= VILJOEN, MARLIE  
2 RELAY TEAM, , , UJA 03:29.54 0 7 S  
1= DLHAMINI, SABELO / 2= MOLEPO, PRECIOUS / 3= MASEKO, NHLANHLA / 4= NGONGO, AKONYI  
3 RELAY TEAM, C, , TUKSA 03:31.76 0 6 B  
1= DU PLESSIS, EDMUND / 2= DE WET, SIMONE / 3= CHOBA, ABEDNICO / 4= COMPAAN, MILA  
4 RELAY TEAM, B, , TUKSA 03:32.54 0 5  
1= KRUGER, VAN REENEN / 2= VAN HEERDEN, LENE / 3= MATLALA, THATO / 4= OOSTHUIZEN, MICHAELA  
5 RELAY TEAM, , , UFS 03:36.07 0 4  
1= VAN RENSBURG, WERNICH / 1= SNYDERS, JUAN JACQUES / 2= ACKERMAN, LISE / 2= FOURIE, ANNAME / 3= MNYAKENI, INNOCENT / 4= GIBBON, NICOLA  
6 RELAY TEAM, , , NWUA 03:42.46 0 3  
1= LABUSCHANGNE, JANES / 1= JANSE VAN RENSBURG, SHERE / 2= VAN HEERDEN, JESSICA / 3= RETIEF, ANDRE / 4= THOMSEN, MICHAELA  
7 RELAY TEAM, , , TUTA 03:48.04 0 2  
1= SENOSI, KELETSO / 1= RAMMUPUDU, RORISANG / 2= NCUBE, JAMES / 2= MAGERMAN, GEZELLE / 3= GROBLER, GERT / 4= STRIJDOM, ANGELIQUE  
8 RELAY TEAM, A, , VUT 04:03.29 0 1  
1= NXUMALO, MELVIN / 2= MAMELASIGIDI, KAMOGELO / 3= MALULEKA, NAGREY LASSIE / 4= MOLOTO, KWENA  
9 RELAY TEAM, B, , VUT 04:23.16 0 0  
1= NXUMALO, MELVIN / 2= MOLWELI, MANTSHA / 3= DUBE, SIPHIWE / 4= NGEMA, NONJABULO

**Item 60 07:30 Final Women Senior 10000m Walk**

1 SWANEPOEL, MARISSA, 88, 2002/01/22 NWUA 0:51:37.82 0 8 G  
2 NELL, JANISE, 81, 2004/01/27 NWUA 0:52:48.75 0 7 S  
3 MSHEBA, DIMAKATSO, 201, 2001/03/12 TUTA 1:05:46.51 0 6 B  
4 TJALE, RETHABILE, 209, 2004/10/05 TUTA 1:05:50.87 0 5  
5 TSHONTI, KOKETSO, 210, 2004/08/29 TUTA 1:13:11.40 0 4

**Item 31 07:30 Final Men Senior 10000m Walk**

1 FARMER, ANTONIO, 96, 2000/12/21 NWUA 0:44:54.93 0 8 G  
2 PULE, TUMISANG, 223, 1997/07/03 TUTA 0:45:37.55 0 7 S  
3 WILLIAMS, RIVERS, 404, 2004/10/17 TUKSA 0:45:52.42 0 6 B  
4 MLAMBO, PHILASANDE, 43, 2002/09/09 DUT 0:47:01.55 0 5  
5 MOLAPISI, TSHIDISO, 279, 2005/09/19 UJA 0:50:24.98 0 4  
6 TARIQ, KLINK, 8, 2001/05/24 CPUT 0:52:33.16 0 3  
7 NYEMBE, MSIZI, 221, 2005/12/21 TUTA 0:55:52.63 0 2  
8 MNYAMANE, BHEKI, 217, 2002/01/05 TUTA 0:56:08.69 0 1