



WESTERN PROVINCE ATHLETICS

WPA Non-Standard Events Meeting

Wesfleur Stadium Atlantis

September 2024

| WPA | 13:15 | 5000m | Men/Women |
|-----|-------|---------------------|--------------|
| 1 | 13:45 | 3000m | G.u.16 |
| 2 | 13:45 | 3000m | G.u.18 |
| 3 | 13:45 | 3000m | G.u.20 |
| 4 | 13:45 | 3000m | Senior Women |
| 5 | 13:45 | Triple Jump | G.u.16 |
| 6 | 13:45 | Triple Jump | G.u.18 |
| 7 | 13:45 | Triple Jump | G.u.20 |
| 8 | 13:45 | Triple Jump | Senior Women |
| 9 | 13:45 | High Jump | B.u.16 |
| 10 | 13:35 | High Jump | B.u.18 |
| 11 | 14:00 | 3000m | B.u.16 |
| 12 | 14:00 | 3000m | B.u.18 |
| 13 | 14:00 | 3000m | B.u.20 |
| 14 | 14:00 | 3000m | Senior Men |
| 15 | 14:10 | 60m Hurdles (76cm) | G.u.18 |
| 16 | 14:15 | 60m Hurdles (84cm) | G.u.20 |
| 17 | 14:15 | 60m Hurdles (84cm) | Senior Women |
| 18 | 14:15 | High Jump | B.u.20 |
| 19 | 14:15 | High Jump | Senior Men |
| 20 | 14:20 | 60m Hurdles (91cm) | B.u.18 |
| 21 | 14:25 | 60m Hurdles (98cm) | B.u.20 |
| 22 | 14:30 | 60m Hurdles (106cm) | Senior Men |
| 23 | 14:35 | 300m | G.u.16 |
| 24 | 14:35 | 300m | G.u.18 |
| 25 | 14:40 | 300m | G.u.20 |
| 26 | 14:40 | 300m | Senior Women |
| 27 | 14:40 | Triple Jump | B.u.16 |
| 28 | 14:40 | Triple Jump | B.u.18 |
| 29 | 14:45 | 300m | B.u.16 |
| 30 | 14:50 | 300m | B.u.18 |
| 31 | 14:55 | 300m | B.u.20 |
| 32 | 15:00 | 300m | Senior Men |
| 33 | 15:05 | 1000m | G.u.16 |
| 34 | 15:05 | 1000m | G.u.18 |
| 35 | 15:05 | 1000m | G.u.20 |
| 36 | 15:05 | 1 Mile | Senior Women |
| 37 | 15:15 | 1000m | B.u.16 |
| 38 | 15:15 | 1000m | B.u.18 |
| 39 | 15:15 | High Jump | G.u.16 |
| 40 | 15:15 | High Jump | G.u.18 |

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|----|-------|---------------------|--------------|
| 41 | 15:15 | 1000m | B.u.20 |
| 42 | 15:15 | 1 Mile | Senior Men |
| 43 | 15:25 | 60m | G.u.16 |
| 44 | 15:30 | 60m | G.u.18 |
| 45 | 15:35 | 60m | G.u.20 |
| 46 | 15:40 | 60m | Senior Women |
| 47 | 15:45 | 60m | B.u.16 |
| 48 | 15:45 | 60m | B.u.18 |
| 49 | 15:45 | Triple Jump | B.u.20 |
| 50 | 15:45 | Triple Jump | Senior Men |
| 51 | 15:50 | 60m | B.u.20 |
| 52 | 15:55 | 60m | Senior Men |
| 53 | 15:55 | High Jump | G.u.20 |
| 54 | 15:55 | High Jump | Senior Women |
| 55 | 16:00 | 300m Hurdles (76cm) | G.u.16 |
| 56 | 16:00 | 300m Hurdles (76cm) | G.u.18 |
| 57 | 16:00 | 300m Hurdles (76cm) | G.u.20 |
| 58 | 16:00 | 300m Hurdles (76cm) | Senior Women |
| 59 | 16:10 | 300m Hurdles (84cm) | B.u.16 |
| 60 | 16:10 | 300m Hurdles (84cm) | B.u.18 |
| 61 | 16:20 | 300m Hurdles (91cm) | B.u.20 |
| 62 | 16:20 | 300m Hurdles (91cm) | Senior Men |
| 63 | 16:25 | 150m | G.u.16 |
| 64 | 16:30 | 150m | G.u.18 |
| 65 | 16:30 | 150m | G.u.20 |
| 66 | 16:30 | 150m | Senior Women |
| 67 | 16:35 | 150m | B.u.16 |
| 68 | 16:40 | 150m | B.u.18 |
| 69 | 16:45 | 150m | B.u.20 |
| 70 | 16:50 | 150m | Senior Men |
| 71 | 16:55 | 600m | G.u.16 |
| 72 | 16:55 | 600m | G.u.18 |
| 73 | 16:55 | 600m | G.u.20 |
| 74 | 16:55 | 600m | Senior Women |
| 75 | 17:00 | 600m | B.u.16 |
| 76 | 17:00 | 600m | B.u.18 |
| 77 | 17:00 | 600m | B.u.20 |
| 78 | 17:00 | 600m | Senior Men |

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|----------|--------------------------|
| Under 16 | Born in 2009 and 2010 |
| Under 18 | Born in 2007 and 2008 |
| Under 20 | Born in 2005 and 2006 |
| Senior | Born in 2004 and earlier |

Athletes born later than 2010 will not be allowed to compete at this meeting.

ENTRY FEES (PAYABLE AT THE GATE):

Athletes - R40 per athlete

Spectators - R40 per spectator

Children younger than 13 years - R20 per child

**ENTRIES CLOSE 60 MINUTES BEFORE THE SCHEDULED TIME OF THE
EVENT**