



CROSS COUNTRY RELAY

Sunday 28 April 2024

*Killarney International Raceway, Potsdam Road, Milnerton -
Moto Cross Circuit – Gate 5 (Opposite Killarney Refuse Site)*

11h00: Social Relay – 4 X 2km Entry Fee: R100 per Team

Categories: Junior, Senior, Masters: Male, Female, Mixed

12h00: Kids Relay Up to 16Y – 4 X 1km – Entry fee: R50 per Team

Categories: Boys, Girls, Mixed

12h30: Elite Relay – 4 X 2km – Entry fee: R100 per Team

Categories: Junior, Senior, Masters: Male, Female

Maximum of **2 Teams per Club**, per Category

13h00: 1 Hour of Killarney Challenge – How many laps can you do in 1 Hour?

Categories: Open – Solo/Duo – Entry fee: R50pp

*Subject to adjustments, on the day

This is a fun event with no prizes

Bragging on Social Media Platforms will however be encouraged

Entries will be taken on the day, but entries will close 30min before the scheduled start of each event

Rediscover your love for running